

At James SAC

FULL MOON

Issue No. 8—May 18, 1976

STUDENT JOB MARKET

By Paul Harvey

Here we are in the middle of May and classes will soon come to an end. Most of us are either graduating or in between semesters. Those of us who are graduating are probably looking for a full time job and the rest of us need some kind of summer employment to make ends meet. But before we go running off let's look at exactly what the job market is like for students today. It is important to have this information in order to better plan our job hunting strategy.

The Statistical Picture

The first place we checked for some information on what the situation was like was Statistics Canada. They say that nearly 50 per cent of the 697,000 Canadians out of work this spring are between the ages of 14 and 24. This is the highest rate for the young ever recorded. They also say they estimate that there are presently being offered only 17,100 jobs in Ontario. The Ministry of Colleges and Universities has announced that the job market is tight and estimates that 32,000 students will graduate this year from Ontario colleges and universities. According to the Toronto Star there are 200,000 university and community college students looking for summer jobs this year. Add to this number another 400,000 when the high school students join the market in June.

Joyce Dalgleish from the Canada Manpower office located here at St. James tells us that permanent jobs are harder to find than summer jobs and that there seem to be less job offers coming in than last year. However, Wayne Gartley, Director of Placement for George Brown believes that the job market is about the same as last year. He says that 94 per cent of last year's Post-secondary graduates who were available and seeking employment found work and 87 per cent of these students found work in a job related to their studies. All indications, according to Mr. Gartley, appear to be the same for placement this year.

For Manpower students, 1500 of the 2200 graduating between September 1, 1974 and May 31,



Students check job notices at Canada Manpower

1975 were contacted by the College. Of these 75 per cent had found jobs and 65 per cent found jobs related to their course. Mr. Gartley believes that many Manpower students wait till the last day before looking for work and this reduces their chances of success.

Summer jobs

If you are looking for summer employment you may be interested to know that the people at the Canada Manpower Student Job Information Centre at 1 Front St. West see no indication that things are any worse than last year. They are happy to announce that due to their heavy promotion campaign there has been an increase of jobs coming in over last year; however, this increase is balanced by the increase in students needing jobs this year. Still Manpower is more optimistic than our College's placement office. Our placement director Wayne Gartley believes that because the country hasn't yet recovered from the recessed economy and because

of government cut backs, there will be fewer summer jobs than in previous years. Also, the government jobs that were available have almost all been filled by this time.

Miss Anne MacIntyre, Placement Coordinator for Post-secondary Business and Commerce students at St. James, takes a different view toward summer job hunting. She believes that students needing summer work should not get too worried because many employers will not be interviewing students till the end of May. This is because they do not want to commit themselves to hiring too early. The Student Job Information Centre agrees that there will be more job offers in June but they also added that many summer employers have already done their hiring.

Business and Commerce Students

Wayne Gartley thinks there is still a good demand for Secretarial Science students, especially legal secretaries, but Business Administration students will find it hard because of increased competition for these jobs. Unfortunately, he says that if you're not already actively looking for work it is probably too late. You may not find a job till August or September because of the competition from other colleges and because the larger companies have already done their recruiting. However, if you do find permanent employment you can probably expect an annual salary of somewhere between 8 to 9 thousand dollars.

As for summer jobs the Student Job Information Centre says that if you have any typing skills you will have an advantage. The

Business Administration students are going to have a hard time because already many university and college students are on the market. They suggest that if you are a marketing student you would have a better chance getting into a sales job for the summer.

Graphic Arts Students

Wayne Gartley says that the job situation for Graphic Design students seems to be better. He is getting more jobs in this area than last year. For permanent jobs Graphic Arts Printing graduates can expect around \$10,000 and Graphic Design graduates can expect 8 to 9 thousand dollars as an annual wage. However, for summer jobs, the Student Job Information Centre hasn't seen much in either Graphic Arts Printing or Graphic Design. They suggest you try to get into some related area or create your own business, such as sign painting, etc.

Electronics Students

Electronics students are perhaps luckier according to the Student Job Information Centre. They believe that knowledge of

electronics has a lot of practical applications and therefore our students may have the advantage over university students in finding jobs. Wayne Gartley adds to this that only a few of our electronics graduates are Canadian or landed immigrants, so the job market is not overcrowded and our students have a good chance of getting a job. For permanent jobs the salary will range between 8,500 and 9,000 dollars.

Foreign Students

Unfortunately all sources report the same news. It appears that there will be no jobs available for students on student visas. This is because there is a shortage of jobs this year and because the official policy of the Canada Manpower is to give preference to Canadian citizens and landed immigrants. The Manpower people say they have no responsibility for foreign students because these students have all signed a paper saying that they have enough money to support themselves during their studies here. However there was one suggestion that was made to help foreign students gain Canadian work experience. They suggest that these students do volunteer

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By Kathy Mellor

Chance is easier said than done. The end of this month holds the decision. Will our baby still exist long enough to celebrate its first birthday this September. It's up for adoption. Our young Moon is in need of a new Editor. The "Natural Editor and Creator" Paul Harvey, will no longer be with us. Who will give it the love and devotion that Paul has given it all year long? The answer to this will be the big decision.

Cultural Day proved that the students of this campus have an abundant resource of talent. Where do they store it all year long. Talent to organize, to give opinions, get people motivated, plan and arouse interest in the public. How about photography, for special events happening like dances, sports, conventions, meetings or just for fun. Even small sketches or comic strips that take less than 10 minutes to draw. With a little help from alot of talented people we can get off to a good start in September. If you are interested in helping our Full Moon keep going, come down and give your name to Liz in Room 124.

Foreign Students pay more

Tuition fees for new foreign students attending George Brown College will increase to \$815 per year as of this coming September. This announcement was made by Dr. Harry Parrott, Minister of Colleges and Universities. This fee increase will affect not only George Brown but all of the Provinces colleges and universities. The Ministry gave two main reasons for its decision to increase the fees: 1) to save money. It hopes these measures will save \$6 million a year which is 0.6 per cent of the annual cost of higher education, and 2) to reduce the number of foreign students here. At present there are about 11,700 foreign students in Ontario. This represents just over 4 per cent of the student population at colleges and universities. It appears that the Ontario government has the idea that foreign students should not be subsidized to the same degree as Canadian students. This president for higher fees for foreign students has already been set in both the United States and Britain.

Continued from page 1

work. There are many agencies and organizations that need volunteer workers and working for them would be one way of having a productive summer.

An Overall View

St. James Manpower representative Joyce Dalgleish summarizes the job market situation by stating that "It is very much an employers market. They can have their choice because they have lots of applicants." The Student Job Information Centre feels that students looking for summer employment may not have the right to be picky and may have to accept a job at minimum wage. Miss MacIntyre says that there is a definite downturn in the job market over the last year and a half. Students should have a sturdy pair of shoes and not expect jobs to be easily handed out.

And Wayne Gartley believes that it will probably take students a longer time to find a job this year than in previous years.

All of the people interviewed said that there were still jobs available for those students who were seriously interested in looking for them. So if you haven't yet begun looking it is important that you start immediately. Now that we have some idea of what the job market is like we must lose no time in organizing our job search. The following are a few suggestions on how to begin.

How to Find a Job

— Decide what you want to do, set your priorities, be realistic about the jobs available and the skills needed for specialized jobs.

— Register at any of the Canada Manpower Centres or at the Stu-

dent Job Information Centre, 1 Front St. West.

— Check the newspapers daily and visit small companies. Use the direct approach. A large portion of jobs are never advertised.

— Contact all of your friends and relatives. Ask them to help you in your job search.

— Promote a good self image and keep well groomed. Offer a positive approach.

— Keep knocking on a lot of doors until one opens up.

— Apply directly to companies. Do not use the telephone to solicit interviews.

— Check the posted employment bulletins from the College's placement office.

— See your instructors for suggestions as to what companies to contact.

— If all else fails, create your own job, such as grass cutting, car washing, house cleaning, baby sitting, gardening, etc.

Election Results

Full Moon—May 18, 1976

by Gertrud Riedke

In the recent elections of the St. James Student Council, David Singh was placed into the office of President by acclamation. Pablo Leacock, Vice-President and Marfatia Mohammed, Treasurer were also placed into position by acclamation.

For position of social Convener, four students were on the ballot. Martina Stoter who had withdrawn, Clifford Mendez, Mike Maccaroni and Garnet Smart. Clifford Mendez taking the position.

In an interview David Singh, President, stated several of his objectives:

1. A weekly newsletter for the students.
2. He plans "to have clubs working closer with students to insure that any activity that is planned will be for the benefit of all students and not just a segment".
3. He would like to work closely with administration on campus to insure they are on his side in planning".
4. To incorporate St. James Student Council.
5. He plans to form an Alumnae Association.
6. He would like to get administration to approve the Student Council having a staff advisor.
7. He will also be "continuing our

effort to improve the facilities such as a games room, cafeteria and proper student lounges".

Pablo Leacock, Vice-President was not available for comment.

Marfatia Mohammed, Treasurer, stated that when he takes office "it will be necessary to work on some of the ideas formulated by the present Student Council.

1. "Together with the other executives", he said "will endeavor to break down communication gap between students and executive of student council".

Clifford Mendez, Social Convener would like to see the following changes:

1. "More involvement of students and the different departments"
2. "A closer contact with students so they will be more aware of what they want in the line of Social Activities & Sports".
3. He would like to get "St. James more involved with Social Activities with the other campuses".
4. He would like to "permanently install television sets in one or two of the lounges of the campus".

Our new Students Council takes office on the fifteenth of May. The students will look forward in hopes that these objectives will be carried out.

Communication is David's "Thing"

by David Singh

The new executive of the St. James Student Council will be taking office on May 15th, 1976. Since this is the last issue of the "Full Moon" for this semester I would like to take this opportunity to inform you that I am very happy to be the new President of J.S.C. and my main objective is to surpass what the past executives have done. The old executives have done a tremendous job in meeting the needs of the students here at St. James Campus but much is still desired.

The first thing the new executive will do is to improve the communication system on this campus. If we are truly going to promote unity among students here then I see a dire need to, first of all, improve communications among students. A weekly newsletter from the Students' Council will be our first endeavour to ensure that you know what is taking place in the Students' Council. You can be assured that every-

thing possible will be done to ensure that all the sections—Business and Commerce, Graphic Arts, Electronics, Manpower, etc.,—are involved in the Students' Council.

The various Clubs or Organizations on this Campus are going to continue and will be given all the support from the Students' Council. I see these Organizations serving a very good purpose but not the way they are presently operating. There has got to be better communications between the J.S.C. and these Clubs/Organizations before we can safely say that, "Together We Are Making Progress". The new executives will ensure it is that one of its members be co-ordinator of all the Clubs/Organizations and regularly attend their meetings and encourage them to be part of the J.S.C. and not separate entities.

I would like you to bear in mind that the new executives are here to meet the needs of the students. Our obligation is to give



David Singh—New student president

you the best form of representation for your activity fee. However, if we are going to be of any benefit to you we have got to have your co-operation and support. I know that there are some students who are not satisfied with the new executives but even Trudeau has many enemies. I will appeal to you, however, not to sit in the "back-rooms" and criticize us. You are always welcome in the Students' Council Office (rm. 124) and feel free to tell us what

take responsibility for himself.

I'll encourage you as a student group to stand up for your rights, and I respect you for doing so. But I won't support childish demands (does anyone really care if there is a street car stop in front of the door?) And I won't support prejudice, even prejudice defended with seemingly logical reasons (I mean the Student Council's "distinction" between manpower and post-secondary students).

I care enough to get annoyed when the Student Council raises phony issues, when they don't question and take responsibility for themselves. I get angry when they act like children instead of the adults that they are supposed to be.

Rosemarie Peikes
Teacher of Psychology

Dear Editor,

The recent headline in the FULL MOON was: Racial Prejudice at George Brown College. The new headline should be: Porno at George Brown College. I am sick of being told that pornography is the right of the free person, as if people have the right to feed other people poison. Freedom is the ability to do what one ought to do.

you do not like. Your suggestion criticism might be a valuable tool for improvement. Remember that we are not perfect and we might do things which are not in the best interest of the students but with your support, maybe we can prevent this from happening.

We have a lot of plans for the coming year and some of these include ensuring that the facilities are improved, tremendously here at St. James Campus.

We can assure you that if you have to be around until May, 1977 you will joyfully say that you have enjoyed your stay at George Brown College, thanks to the Students' Council office at St. James Campus.

I am sick of the low moral atmosphere created in a St. James Campus classroom where degrading pictures of the nude adult human female are placed up on the wall near to the blackboard as if they are the lessons of the day. Is this an effort to program our minds and emotions? I am sick of permissiveness. All colleges should contribute to the elevation of society, not to its destruction.

When pagan Rome fell, the major sin was its moral corruption. That's where infiltrators began. Gradually we are being programmed to accept low moral standards and such displays become acceptable. No wonder women are treated as tools. Rather than degrade womanhood, let us respect each other and recognize the true dignity of the human person. Too many are not concerned; they are afraid to get involved. The propagators of corruption get away with what we permit. They will only feed us with what we want. However, we do not want poison, neither for our bodies, nor for our minds, nor for our spirits.

"Garbage in, garbage out" is as true as the subtle assault of subliminal perception used against the unwary mind. People learn more by observation than by what they are told.

Francis M. Pittie

MONEY FOR SPORTS

By Paul Harvey

All right of the George Brown College Student Council voted on April 26th to allot 10% of every student's \$35 activity fee toward the support of varsity athletic teams. Varsity athletic teams are the teams such as the basketball and hockey team that go into competition with other colleges. An official directive came down from the Ministry of Colleges and Universities preventing the use of administrative operating funds for support of varsity teams. The administration of this college had previously spent about \$10,000 per year in support of these teams. But when the Ministry prohibited this it appeared that we would have no varsity athletics next year. So the eight George Brown student councils decided that the existence of these teams was important to the students and thereby took over the funding of them. All Post-secondary students will chip in \$3.50 each from their next year's activity fee to cover the cost. About \$3,500 will come from St. James campus alone.

The funds which were previously used by the administration to support varsity sports will now be spent on a wider program of intermural sports and recreational activities on each campus. Alex Barbier will be the person in charge of this new program. He will also be responsible for the controlling of the student councils' expenditures on the varsity program. The student councils agreed that their support of varsity sports would be an experimental project and will be reviewed again by them in April 1977.

Letters to the Editor

Dear Editor,

Mr. Mohammed Farouk, Vice-President of the Student Council has accused me of lack of involvement with students (at the Atrium meeting on April 14th) and I am annoyed. Does he mean that if I don't come out and coach the Hockey Team I am not concerned about students?

Well, Mr. Farouk I care enough to work pretty hard to make my classrooms as enjoyable and meaningful an educational experience as I can.

College is a place for you to develop and produce new skills. It is an opportunity to grow from adolescence to adulthood, to experience different beliefs and values, to ask questions, to assume responsibility for your behaviours and feelings.

I'll encourage you to do. And I'll meet you half way in your searching. But I won't coddle you or lead you by the hand. Students are adults, not children. Let the student sitting quietly in the back of the room

MOON PEOPLE

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The Full Moon is a newspaper by and for the students of St. James Campus of George Brown College.

ALUMNAE ASSOCIATION

Cordially invites all graduating students to become members

of the association

For further information:

PLEASE CONTACT DAVID SINGH

in room 124
or at 368-4641
before May 31.

Teraulay Campus Falling Down



Photo by Paul Harvey

I Love My School

By Louis March

I love my school
Because it makes me happy when
I'm in it
Many of the people are lovely
And some aren't but who cares
We have a big atrium which
is carpeted
And I like to play in it
Because I won't hurt myself
if I fall
Some teachers really care
about me
And if I'm late for class they
don't yell at me
That makes me happy in their class
We have a small cozy cafeteria also
That sells a lot of small goodies
Not hot food but enough to
carry me through the day
There are many people that help
me out
When I have problems in school
For instance
The J.S.C. secretary that does
everything I ask
The guy on the eight floor that
prints many school posters
The janitors that keep the
school clean
The ladies that sell goodies in
the cafeteria
And the nurses that look after me
when I'm sick
There are many foreign students
in my school
And we have many different clubs
That help each others understand
their different cultures
This makes me happy because
I'm a foreign student myself
The only thing I don't like
about my school
Is that many students are always
asking for more
And they never do anything
to help get it
Anyway I still love my school
Because it makes me happy.

BSU plans new thrust

by Seville A. Farley

The B.S.U. definitely intends to play a more active role in the affairs of George Brown College, and in some measure to raise the dignity of blacks in the institution, and so promote more meaningful integration on Campus.

This was the impression I gained after a chat with B.S.U. President Neil Lee-Quai.

Touching on some of the plans for the future, the energetic Presi-

dent—who took office last October—declared that there are plans to make the black presence in the College felt through “more active representation” at various levels of the school.

Recognizing a need to educate those on campus about various aspects of the lifestyle of students readily identified with his organization, Neil declared that events like Cultural Day, and the up-

coming Post-Cultural Day Party would play useful roles in this respect.

President of one of the most variable clubs on Campus, Neil hopes to exert his influence in ensuring that books by West Indian and other black authors find their way on our library shelves. This would serve as an education in this institution of learning, asserted the hard-working President, “and all would benefit”.

These ambitious plans find acceptance with many black students who look forward to great things from this Union.

AMA changes management

by Zeev Landesberg & Joseph Rumeo

The new A.M.A. Executive consists of six highly interested individuals with a deep desire to make the A.M.A. of George Brown College the success it should be.

The A.M.A. Executive is headed by:

President — John Morrow
Vice-President — Joe Rumeo
Vice-President of Sales — Zeev Landesberg
Vice-President of Public Relations — Lori Shute

Secretary — Diane Morin
Treasurer — Harry Winkels

This new group of individuals each have their own fresh new creative ideas on how to run the A.M.A. efficiently.

With John Morrow leading them and uniting them, the outcome is sure to be a success.

Many of the activities for the future involve seminars, lectures, speakers and many more activities which are still in the planning stages. One of these is a possible day long seminar held in the school.

These activities are being planned for the benefit and education of all Marketing students and any other interested students. The only way students will get anything out of the A.M.A. is based on what you as students put into it. A strong executive is only capable of doing a certain amount; the rest must come from students' participation in the activities planned by the A.M.A.

With the new A.M.A. executives and student support we can make 1976-1977 the best year the A.M.A. has enjoyed at George Brown College, and set an example for future executive of the A.M.A.

Physical Distribution Club

by Frank Caporiccio
Public Relations

The Physical Distribution Club has now begun to hold meetings or plans for next semester. We are looking for new members who are registered in any course in the school. We have a fine club, that is trying to involve the students in the Distribution Field, not only by involvement in the club, but also by showing the importance of Physical Distribution in business. We will be looking forward to your support.

Jeffrey Goodsell — President
Moylin Leong Goo — Vice-President
Joel Daiter — Treasurer
Frank Caporiccio — Public Relations
Linda Sweeney — Secretary

George Brown Huskies

By Randy Finbow

On Friday, April 23rd, the Huskies Hockey Team was invited to the Casa Loma Athletic Banquet at the Holiday Inn at 89 Chestnut Street. At the banquet, a trophy which was designed by Joe Gal and Randy Finbow as well as suggestions from other interested parties was awarded to the entire Huskie Hockey Team to honour the players and coach for their contributions towards organizing and establishing the Hockey Team.

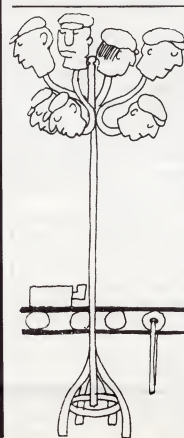
Individual trophies were awarded to Joe Gal, Coach, Randy Finbow, Vice-President, Dennis Niebergal, Treasurer, Nick Haramis, Captain, and Don Hansen, the most valuable player.

The awards only represent a few of the many people who administered hours of work towards the Hockey Team.

This is just a spark, hopefully in years to come this spark will represent a giant flame in which we will have the best Hockey Team on the OCAA league.

Pakistan Students' Organization

The new elected executives of the Pakistan Students' Organization are:



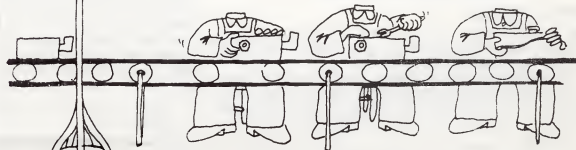
Sabadi

President — Aftab Mirza
General Secretary — Usman Usmani
Treasurer — Mohammed Ghazali Khan
Co-ordinator — Mohammed Daood Awan

We completely agree with the people who think there shouldn't be many different organizations in the College. There should be unity, not separatism. The reason why we formed our organization is that we were being wrongly criticized. To answer that criticism or to clear off the misunderstanding we felt a need of a platform or a representa-

tive body that can explain to the people, what we really are. We don't hesitate to tell people what we are, because we are self-respecting people. We are not like what people thought about us. After Cultural Day, I hope people have a better understanding about us.

But this is not the only objective. Our main objective is to work for Unity and brotherhood. To achieve that we think all ethnic Organizations should have one platform (or merge) and work together towards achieving Unity, brotherhood and love as our goal.



Young Poets

TO A FRIEND

Do you ever feel hurt and rejected
Do you ever feel lost and alone
When you feel that nobody cares
And you're out in this world on your own
We really need someone to love us
And to tell us that they really care
To make life really worth living
Three little words takes us out of despair
You may feel it hard to repeat them
You may think them silly to say
But if I start off first, to tell you
I love you
Will it make it much easier to say?
Mrs. T. Timmins

A SPECIAL KIND OF FRIEND

If there's someone you can talk to,
Someone no one can replace,
If there's someone you can laugh with,
Till the tears run down your face,
If there's someone you can turn to,
When you need a helping hand,
If there's someone you can count on,
To advise and understand,
If there's someone you can sit with,
And need not to say a word,
If there's someone you can trust,
To keep each confidence she's heard,
If there's someone you think more of,
As each year comes to an end,
You're a very lucky person,
For you've found a special friend!

Karen Nicholson



Clifford Mendez—Newly elected Social Convenor

CARIBBEAN NEWSPAPERS

by Seville A. Farley

Black students at George Brown College desirous of finding out the latest cricket scores, or what is happening on the political front back home, can readily obtain this information, thanks to Black Students' Union President, Neil Lee-Quai.

In an interview with a Full Moon reporter, Neil stated that ever since he became President of the B.S.U. in October 1975, he has seen to it that Black students at the College were able to obtain recent newspapers from the West Indies and Guyana.

Available at the moment, are two newspapers from Trinidad, one each from Jamaica, Barbados and Guyana, plus the Canadian Black weekly "Contrast".

Neil lamented the fact that his strenuous efforts to get African publications have been futile so far.

In reply to a question from this reporter, the Trinidad-born B.S.U. President declared that he was able to implement his idea because of the good offices of the Director of Students' Services, Barbara Ferrett. He also stated that he finds the library staff most co-operative.

It is commendable that Graphic Arts student Raymond Bharrathi has undertaken on his Union's behalf, the responsibility of delivering the various newspapers to the library personnel every week.

These periodicals, which are purchased with B.S.U. funds find a niche for themselves on the south-eastern section of the library, and many a student, bored with some dull lecture upstairs often goes down to this section of the library

to relieve the tedium of classroom blues.

This innovation has brought complimentary remarks from black students—even from the Guyanese, who, when asked what he thought of the idea of having these newspapers replied that the only thing he was interested in was "Mutt and Jeff".

Women in Business

by Guy Bourne

Signs are pointing toward an expanding frontier for the women's rights movement. They read "Go into business for yourself".

While there have always been instances of women who started their own businesses—some of them strikingly successful—today's feminist movement has provided impetus for more women to take the plunge into free enterprise. Many do so rather than risk a long wait for advancement in the corporate world. Others have overcome reluctance to seek bank loans for capital, and loan funds have become more readily available.

Figures about women-owned businesses have been scarce because until recently no one thought them worth compiling.

Meanwhile, equal opportunity for women enterprises has become a feminist issue, and the following developments have occurred:

— There has been a collection of

Caribbean Students Send Greetings

by Seville A. Farley

Caribbean students who would like to send messages to relatives and friends back home, can now do so via a weekly Radio Program from Canada to the peoples of Barbados and the Eastern Caribbean.

This Program which consists of music and news from the Black community in Canada is aired at 10:30 a.m. every Sunday over the C.B.C.

Black students residing in Canada can send birthday greetings, anniversary messages, etc. to their loved ones in the West Indies free of charge on this program.

Those desirous of taking advantage of this generous offer should contact Neil Lee-Quai any Tuesday or Thursday between 9:30 a.m. and 10:15 a.m. at the Students' Office.

books on the subject, newsletters such as Artemis (a monthly, "For Enterprising Women") and the April issue of MS Magazine which contains a 16-page insert on "How to Start Your Own Business".

— An "old-girl" network by which women entrepreneurs exchange information and refer business contracts to each other has sprung out of the Association of Women Business Owners, founded two years ago in Washington.

In some outstanding instances, women who started their own businesses ran them into multimillion-dollar companies—as Mary Wells Lawrence did in advertising, Estee Lauder in cosmetics and Florence Eiseman in children's clothing. But these women have not been considered feminist heroines, partly because they held themselves aloof from the cause, partly because some of them had husbands as their partners, but mostly because their successes were so exceptional.

Susan Hager, one of the founders of the Association of Business Women Owners and two other women in a public relations and fund-raising firm, said, however, that lack of access to money is not as crucial at the outset as it is later "when it makes a big difference as to whether you will grow".

"Most women want to start on a shoestring", she said. "They're afraid to take too big a risk. They don't want to borrow a lot of money. It's our psychological training."



Photos by Frank S. Russo



Cultural Day revisited

by Seville A. Farley

Wriggling away with sensuous body contortions, lithesome Jamaica born Peggy Jackson thrilled a pack Atrium with her display of limbo dancing, on the occasion of the fourth Cultural Day exercises at George Brown College on Wednesday, March 17th, 1976.

This display, followed by Ole Mass Band wrapped up Trinidad's contribution to Cultural Day, and climaxed what must have been the most successful Cultural Day presentation even staged at George Brown College.

Most of the countries represented in the student body of the College made some contribution in displaying a condensed form of their indigenous cultures and proof that they were successful is evidenced in the compliments that the organizers have been receiving ever since.

China staged a Lion Dance followed by a Kung Fu Display and some songs in Mandarin. These were well received by the appreciative audience, as were the folk songs by Guyanese, and the musical performance and costume presentation by Pakistan.

Canadian students contributed a Mime Play followed by a Guest Speaker from the Indian Friendship Centre, after which there was square dancing and a Fashion Show. These were much appreciated as was the Folk Dancing by two Portuguese students.

Mr. Akhan Singh spoke during the India segment of the program, and he was followed by an amusing dance by one of the students.

The African performers were unfortunately cut short during their dance and music presentation.

The Jamaican contingent had the audience excited with their Reggae and other folk dances.

Thunderous applause was reserved for the Trinidadians who presented a calypso by Neil Lee-Quai followed by Miss Jackson's supple undulations, and finally a scene reminiscent of J'Ouvert in Port-Of-Spain, in which topical subjects were satirized.

A dance in the evening, at which a Steel Band was in attendance rounded off the day's proceedings.

The booths by the various countries provided a wealth of information about the food, arts and crafts, and produce of the respective countries. Pakistan was judged the best booth on exhibition.

The only sour note in this excellent show, was the display of abject bad manners by the audience whenever someone was addressing them. Their constant chatter resulted in one of the speakers—Mr. Vibert Cambridge of Guyana—actually leaving the stage before the end of his speech.

Co-ordinator David Singh disclosed that mammoth behind-the-scenes efforts went into producing this program.

He stated that plans for Cultural Day actually started five months before the event.

B.S.U. President, Neil Lee-Quai who was instrumental in this venture, asserted that the idea for Cultural Day was propounded by Mr. John McRae of the Human Resources Center, and he noted that all concerned including Administration co-operated to make this a worthwhile effort.

In reply to a question concerning Cultural Day and Racial Prejudice on this campus, Neil retorted that Cultural Day has in some way served to expose the lifestyle of the various races, and hence pave the way for better relations among students.

All concerned with this venture must be congratulated and it is heartening to note that tentative plans are already being considered, to make Cultural Day 1977 an even greater success.

Releasing Frustration

By Ms. Jo-Ann Binette

Just as each individual is capable of experiencing tension and frustration in the day to day process of living, he is equally capable of experiencing peace and calmness within himself.

One method of obtaining this inner tranquility is through the day to day practice of meditation. By using such a technique those thought processes of the mind which create anxiety can be stilled, therefore allowing the individual to increase both his power of concentration and energy level.

It also has the further function of improving ones physical well being by enabling greater relaxation; in addition to allowing individuals to more effectively communicate with others.